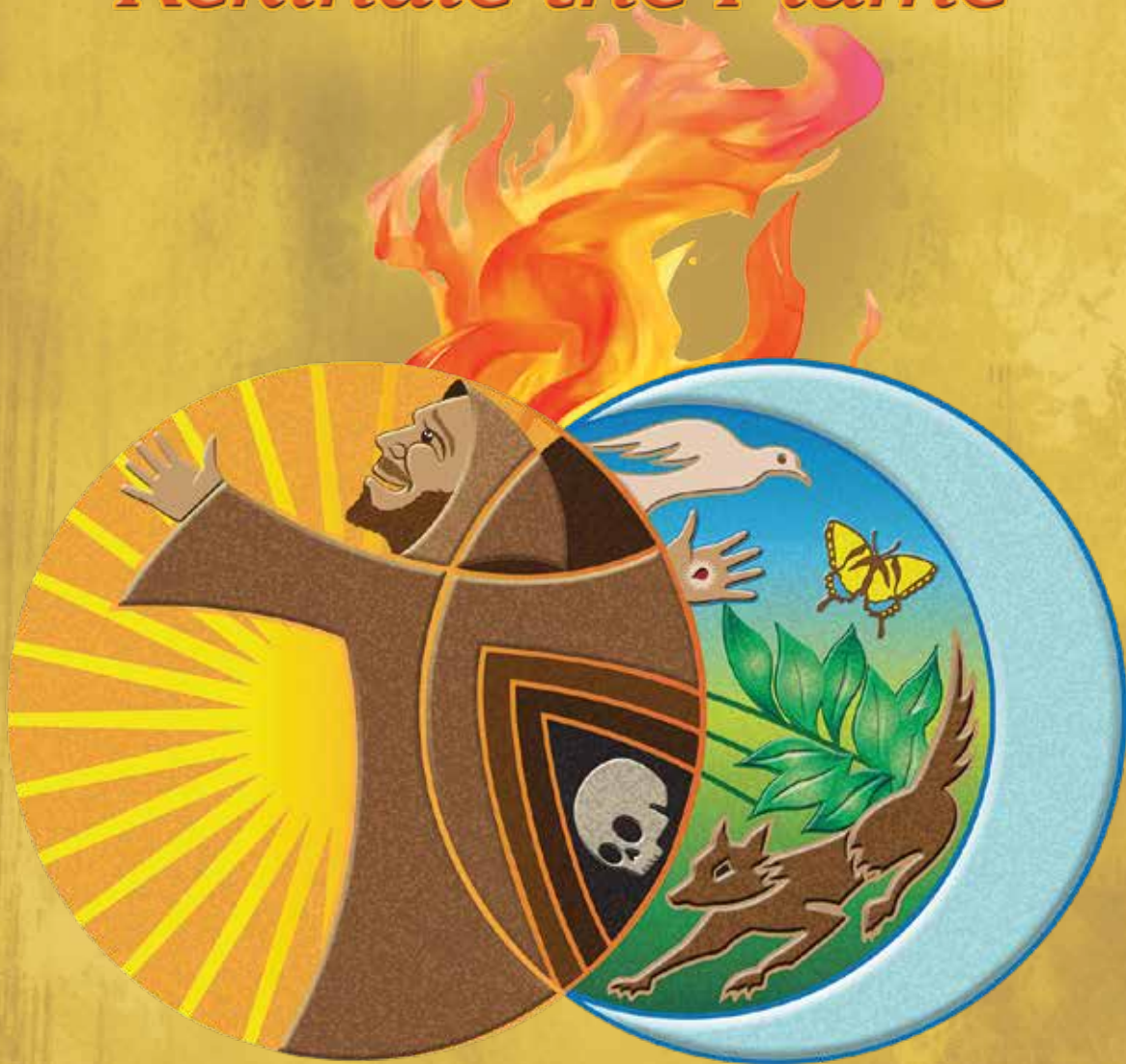


Easter of St. Francis
Rekindle the Flame



21st Quinquennial
of the Secular Franciscan Order
of the USA

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Peace and all good to each of you!

**Welcome to Lexington, Kentucky
within Holy Trinity Region
for the**

**21st Quinquennial Congress - Secular Franciscan Order-USA
Celebrating the Easter of St. Francis.**

We are honored to host more than 500 participants from across the country and around the world. Your presence reflects the vibrant, diverse, and ever-renewing spirit of the Franciscan family. As we share these days together, may we walk in the footsteps of Francis and Clare - with open hearts, with compassion for one another, and with hope for our world. We are grateful for the distance you have traveled and the generosity you bring to this time of learning, prayer, and fraternity!

THE EASTER OF SAINT FRANCIS

A message from Jane DeRose-Bamman, National Minister, OFS-USA

Dear Sisters and Brothers,

It is a true joy to welcome you to the 21st Quinquennial Congress of the Secular Franciscan Order in the United States. As outlined in our National Statutes (Article 7.5), the National Fraternity gathers for a National Congress at least once every five years—a grand family reunion in every sense.



This year marks the 800th anniversary of St. Francis' passing. Earlier, Pope Leo XIV declared the Year of St. Francis, commemorating eight centuries of the profound impact of the Franciscan Way. While it may seem unusual to celebrate the death of someone, in reflecting on St. Francis' passing, we are truly celebrating his life. This gathering offers us a chance to connect with our Franciscan family, discover new ways to share the Gospel, and live out our OFS Rule. And, as with any family reunion, there will be plenty of moments of celebration.

The Centenary Celebrations began in 2023, immersing us in remembrance and celebration of St. Francis and his love for Jesus. Let us use these days to be energized by both his life and his death. May we become inspiring examples of the Gospel to everyone we meet — whether a leper or a sultan, a blood relative or a bishop, a fraternity member or a coworker, a close friend or a stranger. How exciting it is to witness God's will unfolding in our lives.

At the moment of Francis' passing into eternal life, he challenged his brothers to discern what was theirs to do. Let us use this time wisely, bringing urgency to our efforts to spread the Gospel. Whether we are 16, 44, or 93, there is work to be done. During this Congress, take inspiration from Francis: listen and pray for God's lead, so we may "prepare for the end of our pilgrimage and enter the presence of God."

St. Francis pray for us.

Your sister,

Jane DeRose-Bamman, OFS



CATHOLIC DIOCESE OF LEXINGTON

THE CATHOLIC CENTER
OFFICE OF THE BISHOP

29 July 2026

Dear Sisters and Brothers in the Franciscan Family,

In this eventful year, the 800th anniversary of the Transitus of Saint Francis of Assisi, I am especially delighted to welcome the Secular Franciscan Order to the city and Diocese of Lexington. It was a personal joy to be able to speak to you at the last Quinquennial held in Phoenix and I am even more eager to welcome you to this local church that I have been blessed to serve for the last eleven years.

The Franciscan charism has been alive and effective in this diocese since its creation in 1988 and even before that time when it was part of the Diocese of Covington and the Archdiocese of Louisville. Friars Minor from the legacy province of Saint John the Baptist are well remembered for their service in Appalachian parts of the diocese and Franciscan Sisters from Oldenburg, the School Sisters from Milwaukee, and other Franciscan sisters have been present throughout our history and we are blessed by a revitalized OFS fraternity that meets at Mary Queen of the Holy Rosary Parish in Lexington.

Please enjoy our southern hospitality, the beautiful natural surroundings, and the friendliness of the people here. I hope you have the chance to see some horses up close, perhaps taste the famous bourbon, and just enjoy the fraternity of the gathering. The Diocese of Lexington has been enthusiastic in its embrace of Pope Francis' *Laudato Si* as well as *Fratelli Tutti*. The Franciscan spirit of the first Jesuit pope left a deep impact on us.

I look forward to interacting with you and to encountering you in our liturgies. May your stay with us be enriching and enjoyable.

Peace and all good,

+ John Stowe, OFM Conv.
Bishop of Lexington



The Members of the Q Committee
Welcome You
to the 21st Quinquennial Congress
in Lexington, Kentucky.



We pray that this Quinquennial Congress will be a memorable event for you and will deepen your Franciscan vocation in a profound way. To prepare for this special Franciscan family gathering, the members of the Q Core Planning Committee have met monthly since November 2022 and made two site visits. Our goal has been to offer you a most enjoyable and blessed experience as we come together to celebrate The Easter of St. Francis.

[May God bless each one of you as we celebrate together the Easter of St. Francis.](#)

We extend our special thanks to:

- His Excellency, Archbishop Gabriele Caccia, Apostolic Nuncio to the United States
- Most Reverend Bishop John Stowe, OFM Conv. – Bishop, Diocese of Lexington, KY
- Elizabeth (Beth) Keenon – Administrative Coordinator Worship Diocese of Lexington
- Tibor Kauser, OFS – Minister General CIOFS and his wife, Agnes Kauserne Michaletzky, OFS
- Mary Stronach, OFS – Vice-Minister General CIOFS
- Fr. Stefan Acatrinei, OFM Conv. – General Spiritual Assistant CIOFS
- Ana María Raffo Laos, OFS – Presidency Councilor CIOFS
- Jane DeRose-Bamman, OFS – National Minister OFS-USA
- Kathleen Carsten, OFS – Q Prayer Author
- Howard Schroeder, OFS – Q Logo Designer
- Stan Sisson, OFS – Q Program Booklet Editor
- Susan Tabor, OFS and Jan Benton, OFS – Accessibility Subcommittee
- Kathy Adams, OFS – Q Merchandise Subcommittee
- Chris Leone, OFS – Scholarship Subcommittee
- Pat Nikolaisen, OFS – Raffle Subcommittee
- Carmen Duron, OFS and Amy Sperry, OFS – Entertainment Subcommittee
- Cindy Wesley, OFS – Q Quilt Designer and Creator
- The talented artisans who contributed their crafts for the raffle
- The musicians participating at the liturgies
- ... all of you who attend and participate in this special Congress!

[Again, our most heartfelt welcome to all!](#)

Your Q Core Planning Committee:

- Brother Bob Brady, OFM – Liturgy Committee
- Cathy Roszhart, OFS – Co-Chair
- Joe Edwards, OFS – Local Liaison
- Susan Ronan, OFS – Secretary
- Jim Graczyk, OFS – Co-Chair
- Claudia Kauzlarich, OFS – Treasurer
- Diane Menditto, OFS – NEC Liaison
- Jane DeRose-Bamman, OFS – National Minister



KEYNOTE SPEAKERS

Brother Bill Short, OFM

Brother Bill was born and raised in Seattle, WA. After graduating from the University of San Francisco, he entered the novitiate of the Franciscan Friars of St. Barbara Province, making his solemn profession of vows in 1978.

After graduate studies in Berkeley and Rome, he was appointed to a teaching position at the Franciscan School of Theology, where he has subsequently served as Academic Dean and President. In addition to his academic work, he is also an amateur wine-maker, a native-plant gardener, and an interpreter-translator for many international Franciscan meetings. Brother Bill is currently the Director Collegium S. Bonaventurae-Frati Editori di Quaracchi Collegio S. Isidoro in Rome, Italy.



Darleen Pryds, PhD

Dr. Darleen Pryds is a laywoman who has been exploring the Franciscan spiritual tradition since she was 18 as a freshman in college. Since then, she has found her academic research on the lay Franciscan tradition buoys her faith. Her focus on lay Franciscans has analyzed the tradition of lay preaching as a form of “Somatic Theology,” or theology expressed through lived experience. You can find her research in her many books and articles. Currently, her work explores Franciscan Laity as Co-Creators of the Franciscan Tradition and Emotional Range in the Franciscan tradition.

Dr. Pryds serves the greater Franciscan community in many ways through service on various Boards of Franciscan organizations and by offering workshops, retreats, and lectures on Lay Franciscan Spirituality and the Spirituality at the End of Life. In her spare time, she volunteers as a hospice caregiver, and enjoys taking long hikes with her husband, Scott, and their dog, Zoey.



Father Wayne Hellmann, OFM Conv.

Friar Wayne Hellmann is Professor *emeritus* at Saint Louis University, where he had served for forty-five years.

He had earned his Doctorate in Theology from Ludwig-Maximilians-Universität in Munich, Germany in 1974. He directed doctoral dissertations on themes within the Franciscan tradition and received many awards and other recognition during his distinguished academic career at Saint Louis University. He also served in leadership positions within his Conventual Province of Our Lady of Consolation, including that of Minister Provincial.



He served as co-editor of the three-volume series, *Francis of Assisi: Early Documents* (New City Press, 1999-2001) and also as co-editor for the first three volumes of *Studies in Early Franciscan Sources* (Franciscan Institute Press, St. Bonaventure University, 2011). These latter volumes offer scholarly essays on each of the writings of Francis and of Clare. In addition, he has written numerous articles and served as an editor for the Franciscan entries found in the new edition of the *New Catholic Encyclopedia*. For many summers over the last years, he taught early Franciscan sources at the Franciscan Institute at St. Bonaventure, New York. More recently he served as adjunct visiting professor at the Franciscan School of Theology in San Diego, California. Additionally, he has often lectured or conducted retreats for Franciscans in Europe, Africa, Asia and Australia.



Prayer of the Holy Father Leo XIV for the Jubilee of St. Francis of Assisi

Saint Francis, our brother, you who eight hundred years ago
went to meet Sister Death as a man at peace,
intercede for us before the Lord.

You recognized true peace in the Crucifix of San Damiano,
teach us to seek in Him the source of all reconciliation
that breaks down every wall.

You who, unarmed, crossed the lines of war
and misunderstanding,
give us the courage to build bridges
where the world raises up boundaries.

In this time afflicted by conflict and division,
intercede for us so that we may become peacemakers:
unarmed and disarming witnesses of the peace that comes from Christ.
Amen

GENERAL INFORMATION AND SPECIAL EVENTS

Registration Table

Check in to get your name tag, neck wallet, program and pre-ordered Q merchandise.

Information Table

We are here to help answer your questions about Schedules, Little Fraternities, Accessibility, or to visit our Lost and Found.

Evaluation Forms

This year, there are two ways to submit your Quinquennial evaluation. You may use the QR code printed in the program and at the information table or for those not comfortable with QR codes, paper evaluations will be available. We encourage everyone to complete one version of the evaluation, as your feedback will help the next Quinquennial planning committee. Please place paper evaluations in the box labeled "Evaluations" at the information table no later than 9:00 p.m. on Saturday.

Accessibility Assistance

Accessibility that may be of interest while you are attending the Q:

- *Need help with an access issue?* Our table will be located with the JPIC table in the exhibit area. During exhibit hours, a committee member will be available to provide information, answer questions, and help assist with any access-related challenges. Stop by and visit with us! We'll also have written information available that will be of use to your fraternity.
- If you requested large-print materials, your large-print program booklet is available for pick up at the accessibility table if you haven't already received it at registration.
- *"Pre-Board" Opportunity:* If you need extra time to get settled before meals or plenary sessions – whether to hear more clearly or to safely stow or place your adaptive equipment – please arrive at the meal or conference room **15 minutes early**. Those who arrive early will be allowed to enter before the larger group, but **ONLY** if you arrive early.
- Having more difficulty handling the walking than you anticipated? If you want to rent your own standard wheelchair, walker, or scooter, check with the accessibility table for a list of recommended rental companies. You are responsible for paying for the rental of your adaptive equipment. Let us know if you need someone to help you get around in your chair.
- Distilled water for a C-Pap machine is available at the accessibility table. Bring a small bottle to fill and take.
- Our committee members and volunteers will be wearing badges showing a Tau cross with several access symbols on it. Don't hesitate to stop to ask any one of us your question.

Special Dietary Needs

At mealtimes, please follow the instructions based on the type of meal service. For buffet meals, inform the banquet captain on site of your dietary need(s). For plated meals, you must present a specific meal card to your server. This card will be in the neck wallet you received at check-in. Based on the dietary need(s) you reported, your server will bring the appropriate meal.

Vendors

A complete list of Vendors and the items they will be offering can be found on pages 10-12. Some of our vendors will take credit cards, but some are cash only. **We ask Vendors to close during all Masses and Keynote talks.**

Raffle Table

Raffle tickets are \$5.00 each or 5 for \$20.00. Bring cash or check—no credit cards.

Six artists have donated their art to be raffled during the Q. Stop by the raffle table to purchase your tickets and admire the amazing talents of our members.

- Cindy Wesley, OFS: Quilt- "The Easter of St. Francis Rekindle the Flame"
- Teri Rieman, OFS: "Easter of Francis in Glass". Stained glass work.
- Beth Mosher Ettensohn, OFS: "Many Moons Over Assisi-Quinquennial Celebration", Hand-Painted Porcelain Container
- Ed & DJ Wiesenberger, OFS: piece is a diamond dot creation printed on material, with colored glass filling in certain areas of the picture.
- Denise McCarthy, OFS: "Easter of St. Francis" a mosaic art piece composed of stained glass, smalti glass and found objects.
- Judi Painter, OFS: "Easter of St Francis-Rekindle the Flame". A diamond bead art creation on canvas.

St. Clare Prayer Room -Salon H

"As Jesus was the true worshiper of the Father, so let prayer and contemplation be the soul of all they are and do." OFS RULE, Article 8.

The Prayer Room has been set aside as a quiet place of prayer and contemplation away from the excitement and the sound of the Quinquennial. We hope this space will be a suitable place to take a moment to offer a prayer and give gratitude to the Lord.

SPECIAL EVENTS

Trivia Night – Wednesday at 7:15 pm - Grand Ballroom

Enjoy an evening of fun, fellowship, and friendly competition.

Franciscan Bingo – Thursday at 7:15 pm - Grand Ballroom

Bring a pen or a pencil with you as you prepare for an invigorating evening of JOYFUL ENCOUNTERS. We will provide the bingo cards; you will seek out your brothers and sisters who meet the caller's description (for example: find someone who has been to Gubbio). The evening promises fun, laughter and FRANCISCAN JOY!

The People of Hope Mobile Museum – Friday 10:00 am – 5:00 pm

This traveling museum will be in the Marriott GriffinGate parking lot. It is an interactive exhibit on wheels delivering the stories of real people with real struggles whom Catholic Charities has ministered. **Reserve** your specific time slot for a visit to this inspiring exhibit. **Sign up** at the information table

Service Project - Friday at 2:30 pm – Dixiana/Lanes End Rooms

We will assemble blessing bags as a way to share the help and hope of Jesus Christ with our brothers and sisters in need. Catholic Charities has graciously offered to distribute these bags to the people they serve in Kentucky.

Holy Hour – Friday at 7:15 pm - Grand Ballroom

Scripture and reflection, silent Adoration, Benediction

Franciscans Got Talent –Saturday at 7:15 pm - Grand Ballroom

Enjoy an evening of entertainment provided by your fellow Franciscans from across the country. Help us to determine this year's winner of the first ever "Franciscans Got Talent!" show. It will be a night to remember.

LITTLE FRATERNITIES

Being a part of a Little Fraternity is often a highlight of the Quinquennial experience. Groups of 8 - 10 members will be set up at the beginning of the Q to form a fraternity.



Volunteers who have come forward to be facilitators will personally invite you to be a member of their "Little Fraternity." In order to help us determine who has already been invited to join a fraternity, please place the card your facilitator will give you standing up, right behind your name tag in your neck wallet. The facilitator will let you know where your group will be meeting during the Q and help you locate your Little Fraternity's meeting place.

Little Fraternities will meet to reflect on what the keynote speakers have presented. The discussions will focus on the questions listed below that were provided by the presenters.

Br. Bill Short, OFM

1. With his passing from this life to the Lord, our Brother Francis entrusted to his many followers the mission of living according to the Holy Gospel of Our Lord Jesus Christ. What aspect of the life of Francis is most inspiring to you in trying to live the Gospel today?
2. In his final days St. Francis added a new verse to his Canticle of the Creatures, including Sister Death among his brothers and sisters. If you were asked to add a verse to the Canticle based on your experience, what creature would you add as a brother or sister?
3. Pope Francis and Pope Leo, like many popes before them, have held up St. Francis as an example for our Church and society. What do you see as the greatest challenge that the example of Francis presents to us today?

Darleen Pryds

1. Do you self-identify as a caregiver? If so, what are the graces and challenges you experience. If not, why not? What does caregiving mean to you? How does Franciscan spirituality support your role as a caregiver?
2. Do you self-identify as a care-receiver? If so, what are the graces and challenges you experience. If not, why not? How does Franciscan spirituality support your reception of care?
3. Of the lay Franciscans discussed in this presentation, who resonates the most for you and why.

Fr. Wayne Hellmann, OFM Conv.

1. How might each of us meet "Sister Death as a man or woman at peace"?
2. How does the Crucifix of San Damiano "break down every wall"?
3. How might a Secular Franciscan become "unarmed and disarming witnesses"?

The facilitator will assist in the flow of your discussions.

To ensure that everyone has an opportunity to speak, the group will use the *Mutual Invitation Method*:

- The facilitator will invite someone to share first. After that person has spoken, he or she then invites another to share. This need not be the person next to them.
- After each person speaks, they invite another.
- If you are invited, but are not yet ready to share, you can “pass for now” and the group will come back to you later.
- If you don’t want to comment at all, simply say, “pass” and proceed to invite another to share.
- No one comments until all have shared or had the opportunity to share.
- General discussion begins after everyone has had an opportunity to share.



(Adapted from *The Wolf Shall Dwell with the Lamb* by Eric H. F. Law)

This is the Easter of St. Francis

A new beginning to rekindle the flame of our vocation.

In the gentle footsteps of our Seraphic Father:

Let us recall that our vocation is a daily commitment to live the Gospel.

*May we embrace the Holy Spirit’s presence as we cherish the beauty of God’s creation,
and extend our whole beings to all living things in need.*

In the spirit of St. Francis:

*Let us radiate Jesus’ love through our actions, words, and silence,
as our charism calls us to be instruments of peace.*

This is the Easter of St. Francis:

May our hearts beat with an ever-rising passion for our Franciscan charism.

*May we rekindle the flame of commitment to our Rule,
to deepen our prayer life, and to embrace the spirit of fraternity among ourselves.*

Composed by Kathleen Carsten, OFS
Troubadours of St. Clare Fraternity
Divine Mercy Region
December 27, 2023

VENDORS AND NON-PROFIT DISPLAYS

National Fraternity Commissions & Committees

1. Accessibility Committee

Are you prepared to welcome and accommodate people who are deaf, live with disabilities or mental health challenges? Get resources on disability etiquette for meetings, Essential Documents in Braille or large print, or ask for our help with your needs while at the Q. See our link to learn practical tips: www.secularfranciscansusa.org/accessibility-committee

2. Formation Commission

Stop by to ask questions, share suggestions, discuss any concerns, get updates on new initial formation materials, and meet members of the commission. Access resources on the national website for initial and ongoing formation, Franciscan spirituality, formation resources and more: www.secularfranciscansusa.org/national-formation-commission/

3. Justice, Peace, and Integrity of Creation Commission

Assists us in living a Gospel life by being on the forefront of love in action around the world. Get informed on J.P.I.C.'s efforts and what you can do to accompany the marginalized, promote peace and respect for created things and people. Find our JPIC Bulletin, OFS H₂O Project, Animator's Handbook, Awards and more: www.secularfranciscansusa.org/jpic/

4. Franciscan Youth / Young Adult (FY/YA) Commission

Supports our call to offer youth and young adults (Y/YA) a "vision of life based on a faith that calls each of them to holiness, community and service" www.usccb.org/beliefs-and-teachings/who-we-teach/young-adults/sons-and-daughters-of-light. The commission provides resources, ideas, and training necessary for accompanying younger Catholics in Gospel living. Link to access FY/YA Essential Documents, CIOFS Guidelines, Training, Formation Materials: www.secularfranciscansusa.org/franciscan-youth/

5. Gospel to Life Book Store

The National Fraternity's source for purchasing the Ritual, Rule, Tau crosses, Fraternity registers, and other Franciscan materials. <https://gospel-to-life-bookstore.square.site>

Vendors

6. Bret Thoman OFS

Author and owner of St. Francis Pilgrimages. Brett has published over 25 books on Franciscan saints, including Francis, Clare, Padre Pio, as well as translations of mystics, Veronica Giuliani, Catherine of Bologna and Camilla Battista Varano. He writes pilgrim guides to tours he leads in Italy, Rome, the Franciscan Camino—from Assisi to Rome. See details for St. Francis Pilgrimages and get his latest books. www.stfrancispilgrimages.com

7. By God's Hands

Kelli Eggebrecht, creative author, illustrator, retired teacher, selling children's and adult books (most with imprimatur of the Church) on "The Rosary-The Bible on a String" (also in Spanish), Jesus, Mary, Angels, Luisa Piccarreta and ABC's (of Our Lady of Guadalupe (also in Spanish). For complete list of books, visit Kelli: www.bygodshands.com

8. Commission on the Franciscan Intellectual-Spiritual Tradition (CFIT)

Established in 2001 by the English-Speaking Conference of the Orders of Friars Minor (OFM) to promote a contemporary retrieval of the distinctive theological and spiritual vision that animates the Franciscan movement. Visit CFIT's Digital Collections to enjoy its vast archive of Franciscan resources: www.franciscantradition.org/

9. Franciscan Action Network (FAN)

Learn about this collective Franciscan voice on public policy in the USA. FAN is building an intergenerational Franciscan movement for justice, peace, creation and human dignity through Franciscan Justice Circles located across the country and its annual Franciscan Justice Conference in Washington D.C. To connect: www.franciscanaction.org/

10. Franciscan Central Archive

Learn about this sustainable, charism-based collaborative repository for the combined archival collections of Franciscan entities across the U.S. carrying the Franciscan legacy into the future. For newsletters, plans, ways to join and support: www.franciscancentralarchive.franciscanway.org/

11. Franciscan Federation

Discover this ever-evolving group of diverse Franciscans who support their collective call to the Franciscan Evangelical Life today, igniting values and space for new ideas. To access news, events, resources, join, learn of opportunities to gather and network: www.franfed.org/

12. Franciscans International

Our mission is to advocate at the United Nations for human dignity and environmental justice. We bring the voices and experiences of Friars, Sisters, Secular Franciscans and the people with whom they live and serve from around the world to make known at the international level the Cry of the Poor and the Cry of the Earth and to promote human rights and the care of our Common Home: www.franciscansinternational.org/

13. Franciscan Mission Service

Prepares and supports lay Catholics for 2-year international mission (currently in Jamaica, Bolivia and the US/Mexico Border) and 1-year domestic service opportunities in solidarity with impoverished and marginalized communities across the globe. Several Secular Franciscans have answered the call to mission service. Come visit us to learn more, see if this might be your next step (or someone you know): www.franciscanmissionservice.org/

14. Franciscan Month

A collaborative, nationwide initiative to raise awareness of Francis and Clare, the richness of Franciscan Spirituality, and invite people to embody Franciscan values in daily life. Throughout October, partners across the Franciscan family work together to highlight the global Franciscan movement, inspire a deeper commitment to simplicity, care for creation, peacemaking, and the dignity of every person: www.franciscanmonth.org/

15. Franciscan Peacemakers

Our mission is to provide a pathway to healing for women who have been sexually exploited by offering housing and employment while advocating for an end to human trafficking. The survivors in our program handcraft natural self-care products, in a supportive environment to build skills, savings, and sobriety for their next chapter. For the full product line visit: <https://franciscanpeacemakers.org/>

16. Franciscan School of Theology

Faith-driven Learning for Real-World Impact. Discover a Christ-centered approach to life and work that forms the basis of curriculum. For more information on our degree and non-degree courses, visit our site: www.fst.edu/

17. Jerusalem Gift Co.

Olive Wood Christian Gifts for purchase – figures, nativity sets, crosses, spoons – made in the Holy Land, hand-carved by Christians. Your purchase is their source of income. Keep this ancient religious art form alive by buying their unique artistic creations. Visit our online shop to buy year-round, contact to host an event: www.jerusalemgiftsshop.com/

18. Kathryn Wohnoutka OFS

Inspirational author, speaker, spiritual director and women's retreat director, has books encouraging healing, peace and hope based on true stories of faith overcoming obstacles - escape from domestic abuse. To live a life focused simply on Jesus, her motto is "Simply Jesus!" Link for latest books and services: www.kathrynmwohnoutka.com/bio/

19. Kolbe Coffee

Catholic coffee-farming families, trapped in pricing systems that exploit their labor and keep them financially vulnerable, lack a connection to Catholic coffee drinkers who want to support them. To ensure stable demand and fair wages, parishes make bags of specialty-grade coffee available for purchase. We give parishes free coffee for hospitality after weekend Masses. Please connect with us at: www.kolbecoffee.com/

20. Office of Youth and Young Adult Ministry - Province of Our Lady of Guadalupe

Dedicated to forming missionary disciples through a strategic and relational approach to accompaniment, the office engages youth and young adults through a life-stage segmented model that addresses their social, spiritual, vocational needs in a distinctly Franciscan way. The ministry fosters community, leadership, service, and a culture of vocation supporting both local ministries and province-wide engagement. Learn more and connect with us at: www.friars.us/

21. Taming the Chaos of Dementia Institute

Ruth Shea OFS (founder from her experience) author, inspirational speaker, selling foundational book "*Taming the Chaos of Dementia: A Caregiver's Guide to Interventions that make a Difference*", journals, notebooks. Link www.tamingthechaosofdementia.org/

22. Tau Publishing

Large selection of books by Franciscan authors and gift items for sale - journals, wood puzzles, night lights, ornaments, note/prayer cards, jewelry, mugs, statutes, candles, coasters and more. Don't miss discounted book deals. At link see our online store to purchase items year-round:

www.taupublishing.com/online-store/ols/categories/franciscan-journey-gift-shop

23. Tek4Kids

Discover how education and technology are bridging the poverty gap, building self-sufficiency and leaders for the next generation Haitians. Serving for 15 years and partnering with existing schools, Tek4Kids provides infrastructure services, technology and education leadership to boost skills, knowledge and strategic thinking impacting 4,000 students. See link to learn about the sustainable impact to improve empower Haitians.

<https://tek4kids.org/>

Lexington Welcomes the 21st Quinquennial of the Secular Franciscan Order of the USA



We're here to help connect you with the best of what Lexington has to offer, from restaurants to events, and more. Stop by our Visitors Center to learn more and explore our one-of-a-kind retail selections.

215 W. Main Street, Suite 75 | (859) 233-7299

TEAM
KENTUCKY.

VisitLEX.com



CommonSpirit
Saint Joseph Hospital

**Proud sponsor of the
21st Quinquennial
Congress service project.**

Honored to partner with the Secular Franciscan Order-USA to provide essential hygiene products for the homeless, unemployed, children, elderly, migrants, refugees and persons with disabilities.

Humankindness lives here™



St. Claire
UK St. Claire Healthcare
Morehead, Kentucky

MY GOD MY ALL

We gratefully thank St. Clare Hospital for their generous MY GOD MY ALL sponsorship of \$10,000. This support provided scholarships for the 21st Quinquennial Congress, making attendance possible for many of our members and strengthening our mission to serve the poor of the world - walking in the footsteps of St. Francis of Assisi.

Gospel to Life - Life to Gospel.

With sincere appreciation

Members of the Secular Franciscan Order-USA



Peace and All Good!
St. Maximilian Kolbe Region

***Immaculate Conception Fraternity
Secular Franciscan Order
Canonically Established in 1912
San Diego, CA***

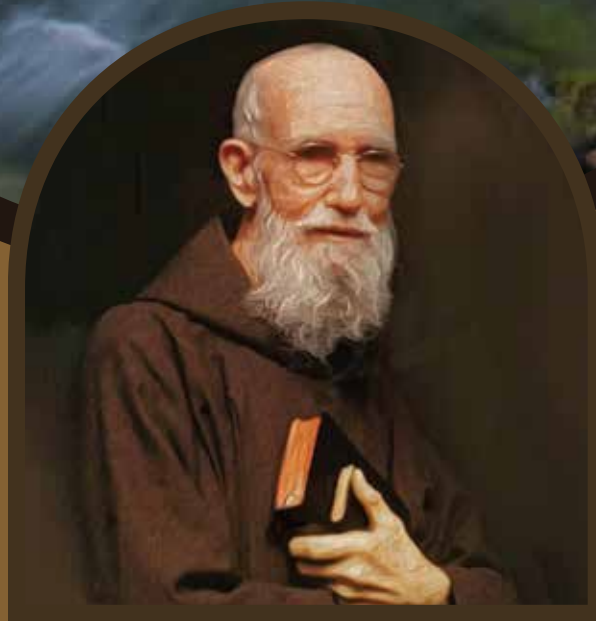


Lord, make us an instrument of your peace in the world.

***We, as a fraternity, are praying for a
successful Quinquennial Gathering.***



BLESSED SOLANUS CASEY REGION



———— PEACE AND ALL GOOD! ————

With hearts full of joy and gratitude, we welcome all gathered for the 2026 Quinquennial.

Inspired by Blessed Solanus's simple faith, compassion, and trust in God, we seek to live the Franciscan way each day – spreading peace, hope, and joy throughout our communities.

May this time together renew our spirits and strengthen our call to live the Gospel in the footsteps of St. Francis.

**Blessings from your brothers and sisters of the
Blessed Solanus Casey Region, Secular Franciscan Order**



SOLANUS CASEY REGION

<https://www.solanuscaseyregionofs.org>

🙏 Juan de Padilla Region 🙏

Praying for our Franciscan
Brothers and Sisters at the Q
during this special

Franciscan Jubilee Year!

We are also excited
and honored to host the

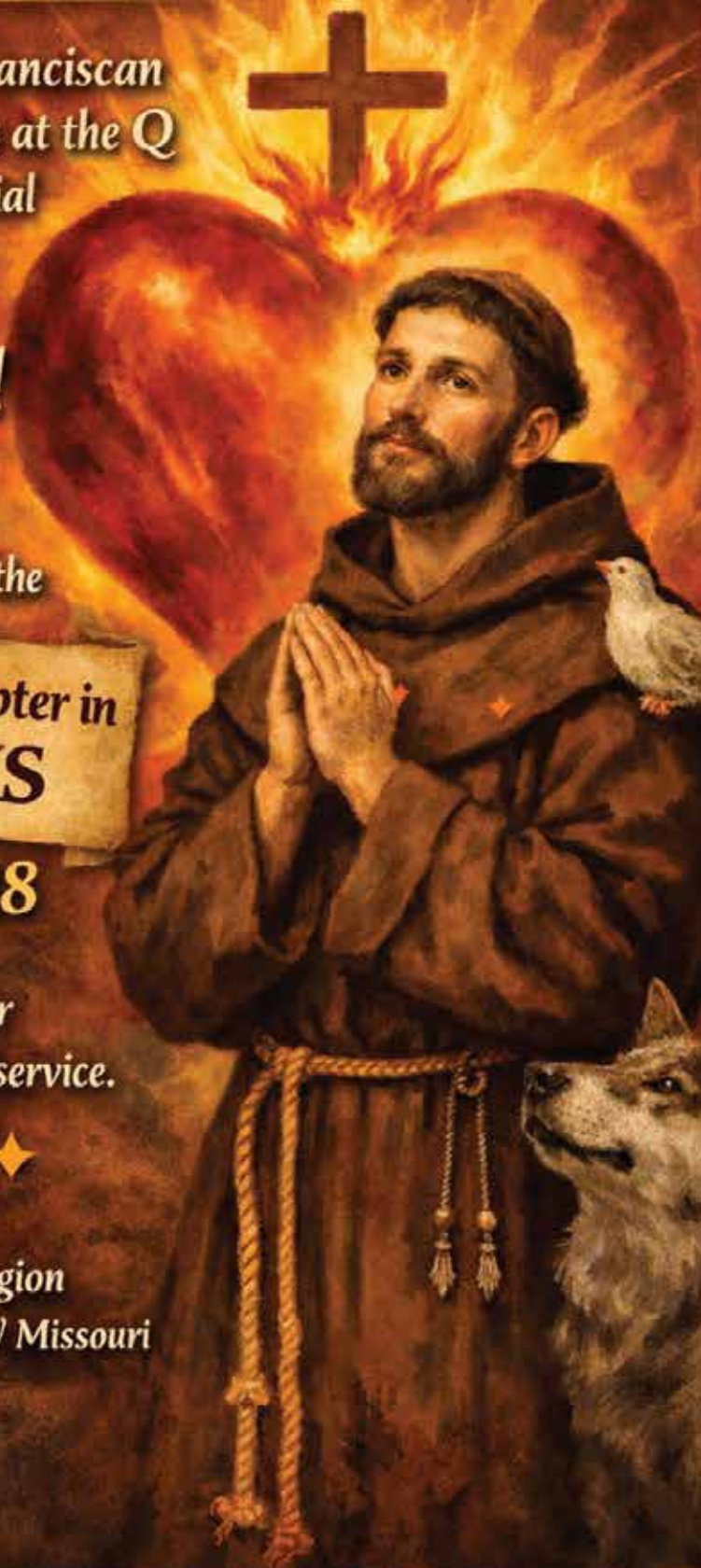
NAFRA-USA Chapter in
Wichita, KS

October 13-18

We can't wait to gather
in faith, fellowship, and service.

See you there! ✨

Juan de Padilla Region
Kansas, Oklahoma & NW Missouri





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Holy Cross Retreat Center is a Catholic, Franciscan oasis of prayer and personal growth where people encounter Christ through Franciscan spirituality and hospitality.

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A Franciscan Retreat Center in Mesilla Park, New Mexico



FRANCISCAN FRIARS CONVENTUAL
PROVINCE OF OUR LADY OF CONSOLATION

ORQUESTA GUADALUPANA BAJA CALIFORNIA

Ron Wakefeld OFS, Director



In 2018 , Secular Franciscan Ron Wakefeld OFS abandoned life in California and moved to Tijuana, Mexico, where he founded this youth orchestra that is dedicated to glorifying God and honoring Our Blessed Mother of Guadalupe. The young marginalized musicians learn to use their talents for the good of others by performing acts of mercy that include visiting the lonely, teaching music lessons in an orphanage, installing crosses over unmarked common graves, and playing Ave Maria at bedside in hospices. They earn college scholarships that empower them to aspire to the lives God created them to live.

Please help us continue our mission by donating in one of the following ways:

Send a check to Orquesta Guadalupeana:

8914 Gallatin Road, Pico Rivera, CA 90660

Donations by check are tax deductible,

and you will receive a receipt

OR

For fast, non-tax-deductible donations use

Zelle: Ron Wakefeld 562 -328 -8653

Venmo: Ronald -Wakefeld 562:328 -8653

Website: orquestaguadalupana.org



"I was an orphan and you heard my plea ."

GREETINGS FROM ST. BONAVENTURE REGION MBARARA, UGANDA

Dear Brothers and Sisters,

St. Bonaventure Mbarara Regional Fraternity welcomes you at “The Q”. We are profoundly honored to have you as our Brothers and Sisters "OFS" and are happy to continue our twinning relationship with Franciscans of the Prairie Region in Illinois.

As we reflect on the journey of the last 11 years of twinning, we are reminded of the words of the Psalmist: “Behold, how good and pleasant it is when brothers dwell in unity!” (Psalm 133:1). Our twinning



A beautiful example of this growth is our current Spiritual Assistant; he began his journey within YouFra before discerning his call to the OFM he is now a one-year-old Priest of OFM. As Uganda we been actively advancing in JPIC in collaboration with FI, our efforts have focused on prison ministry, advocacy for the poor, and supporting the most vulnerable members of our community.



has been a living testament to this unity. Through your prayers, spiritual guidance and support, you have watered the seeds of our Formation in Uganda by giving us remarkable flourishing of the **Secular Franciscan Order (OFS)**, the **Franciscan Youth (YouFra)** and a rise in religious vocations across the country.

New Beginnings: After a long period of waiting, Uganda is now canonically established. We look forward with great anticipation to our official ceremony in August 2026.

Pan-African Formation Workshops : We also celebrate the fruits of our shared labor. After three years of hosting the Pan-African English-speaking formation workshops—where we were blessed with 8 countries. We even we had Br. John OFS from St. Margaret of Cortona Fraternity.

CIOFS has selected Uganda to host the 2nd Pan-African Congress. Following in the footsteps of South Africa, it is your unwavering support that has enabled us to "shine" and reach this milestone.

Our Regional And National Fraternity. In the spirit of servant leadership, the Mbarara Region successfully held elections from April 10th – 12th, 2026. We are now turning our hearts toward the National Chapter, scheduled for August 26th – 29th, 2026.

Mwebebare Munonga! (“Many Thanks” in Rukiga) Pax et Bonum

The St. Kateri Tekakwitha Region sends greetings of peace to all!



Our Fraternities

Holy Family, Vernon, NY
Immaculate Heart of Mary, Hilton, NY
Our Lady of Angels, Auburn, NY
St. Anthony, Catskill, NY
St. Anthony, Lockport, NY
St. Bernardine of Siena, Loudonville, NY
St. Francis, Binghamton, NY
St. Irenaeus, West Clarksville, NY
St. Joseph Cupertino, Watertown, NY
St. Joseph, Buffalo, NY
St. Joseph, Utica, NY
St. Marianne Cope, Syracuse, NY
St. Patrick, West Seneca NY
St. Stephen, Croghan, NY
St. Thomas More, Fonda, NY
St. Thomas More, Kenmore- Tonawanda, NY
The Glory of the Most High, Rochester, NY

“I am not my own, I have given myself to Jesus.”

Kateri Tekakwitha was canonized a saint of the Roman Catholic Church on Oct. 21, 2012, along with another upstate New York native – Mother Marianne Cope, OSF, who joined the Sisters of St. Francis of Syracuse, and went on to serve the lepers of Molokai in Hawaii.

Our Mission Statement:

We, the members of Saint Kateri Tekakwitha Region, following in the footsteps of St Francis, seek to encounter the living and active person of Christ in every aspect of our lives through faithful adherence to the Secular Franciscan Rule as our way of life. Called to embrace an evangelical life of on-going conversion, we journey “from Gospel to life and from life to Gospel”.

SKTR
kateriregion.org

The Holy Trinity (Region) Welcomes You!

To a place of green grass, horses, fun

And the Holy Trinity!

**May we keep our sights fixed on the Holy Trinity
for grace & guidance,**

**Remembering the plight of St. Peter when he took
His eyes off Christ in His walking on the water.**



**This stained-glass work of art
was made by a member of our emerging
Holy Family Fraternity
and donated to be raffled during this Q!**

**Blessings, Peace and All Good
Dolores, minister of Holy Trinity Region**



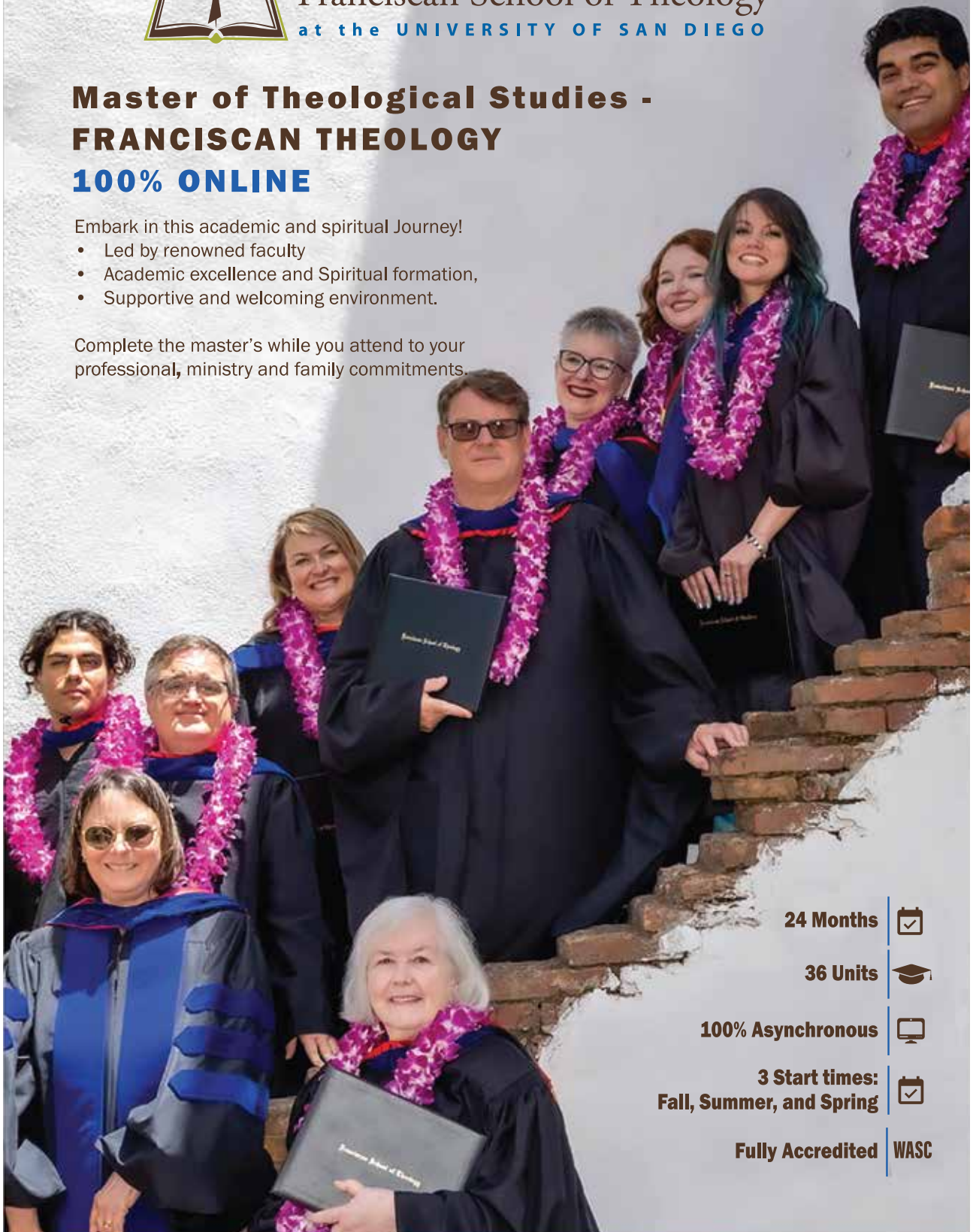
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Celebrating together the Joy of Our Call

and the secret sacrifices of our hearts.
He alone knows the things
that cause our hearts to ascend
and perfect our nature
and recreate our future.

Let us pray

O God give us the grace to walk worthy
of the vocation to which you have called us
and to observe faithfully the holy Gospel
of our Lord



Contributed by St. Clare Region

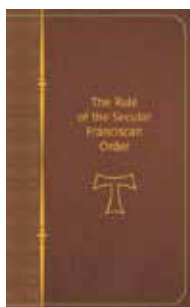
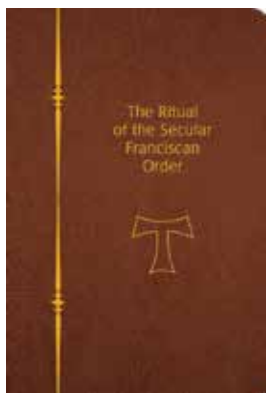
Artwork and reflection by Howard Schroeder, OFS
Prayer from Franciscan Morning and Evening Praise, p.756

The National Fraternity of the Secular Franciscan Order-USA

Gospel to Life Bookstore

Your source for the Ritual, Rule, Tau Cross, Fraternity Registers
and other Franciscan materials

<https://gospel-to-life-bookstore.square.site>



<https://secularfranciscansusa.org/Resources/Sources for Secular Franciscan Books and Supplies>

As we mark this extraordinary occasion, we remember the lessons that Francis shared---the unity he fostered and the hope for a **brighter more compassionate future**.

May it inspire us---those present and those here in spirit---to carry his ideals forward.



Father Solanus Casey Fraternity

DULUTH SUPERIOR AREA

OCTOBER IS FRANCISCAN MONTH!



During the month of October, people across the country will celebrate the Franciscan vision of building a more fraternal and evangelical world

Learn more and join the celebration at

WWW.FRANCISCANMONTH.ORG



From the **ARID DESERT** of **ARIZONA**
to the **BLUE GRASS** of **KENTUCKY!**



The members of Saint Thomas More Region
offer prayers for safe travels and a joyful gathering
to our Franciscan family as we celebrate
our 21st Quinquennial Congress.

Saint Margaret of Cortona Fraternity



Las Vegas, Nevada



LIFT UP LIFE

Lift up Life emphasizes the importance of advocating for governmental programs that help moms facing financial difficulties to choose life. This is a powerful tool to add to our toolkit for reducing abortions. Over 75% of the women who seek abortions do not have sufficient income to birth and rear their child. Reducing demand by financially helping moms choose life has the greatest potential for reducing the number of abortions. This has become more apparent as we see abortions increase even while their legal availability has been restricted in many states.

*To learn more, contact Beth O'Donnell,
bod3.twc@outlook.com*



**The National Executive
Council of the Secular
Franciscan Order in the
United States welcomes you
May your experience be a
boost to your vocation!**



*May God bless your
Congress experience!*

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FRANCISCANS OF THE PRAIRIE

OUR REGIONAL MISSION STATEMENT

We, the Secular Franciscans of Franciscans of the Prairie Regional Fraternity, are called by the sacraments of Baptism and Confirmation to holiness. We are committed by profession to living the Gospel values of our Lord Jesus Christ in our time according to the spirit of St. Francis of Assisi for the rebuilding of the Church. With the Holy Spirit as our guide, and by following the simple example of St. Francis of Assisi, we intend to spread, like the prairie fire of old, cleansing the earth and nourishing the land with His Word. The Regional Fraternity Council will provide direction and resources to local Fraternities for understanding and implementing the Rule, the General Constitutions, and the National Statutes of the Secular Franciscan Order.

Our Mission statement is a reminder to us as in the past with Prairie fires – to spread the good news with fervor. Franciscans of the Prairie was established October 20, 1994. The name was chosen for our geographic location within the Prairie State. Our Logo was created by a Secular Franciscan in our Region years ago. We are a small Region now with five Fraternities and approximately 108 members. While we are small we are Fraternity!

Many of our Fraternities have members from multiple Parishes. We are now at 5 Fraternities (and a Cell) and located in 4 Dioceses. Our Fraternities are very spread out from each other and encompass relatively large areas (many members travel over an hour to gatherings). We are also small in numbers in comparison to some regions, but we also recognize the advantages to this. Regardless, being small and spread out has strengthened the bonds of our local fraternities through many years of change and we interact more like one local Fraternity. We chose Blessed Contardo Ferrini, who was a Third Order Member as our Regional Patron Saint.

May this 2026 Quinquennial unite the fire within all our hearts to also go forth and spread the Good News of the Gospel to all.

Walk With Us.



as Partners



as Companions



as Franciscans

Walk with us as partners in mission.

Rooted in the Gospel and inspired by the spirit of St. Francis of Assisi, we are women and men committed to living simply, serving joyfully, caring for Creation, and building peace in our world. Join us as we share the Gospel in the Franciscan tradition.



THE SISTERS
OF ST. FRANCIS
OF PHILADELPHIA



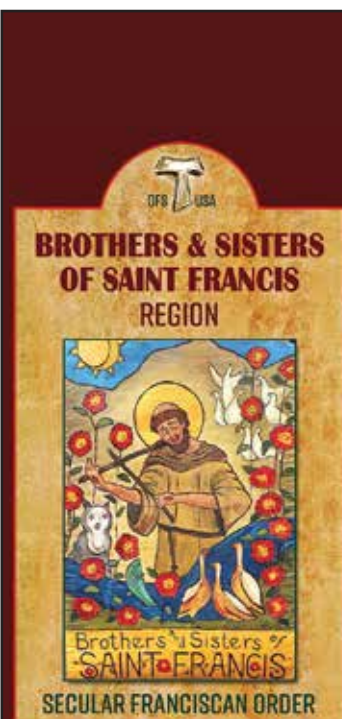
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**Blessings
from the
Brothers and
Sisters of
St. Francis
Region**

Alabama

Georgia

**North
Carolina**

**South
Carolina**

Tennessee

**Congratulations
on the
21st Quinquennial Congress
“The Easter of St. Francis:
Rekindle the flame”**

**From
Our Lady of the Angels
Regional Fraternity**

Minister

Joe Wickham, OFS

Vice Minister/Formation Director

Ed Wojciechowski, OFS

Secretary

Mary-Frances Reavey, OFS

Treasurer

Debbie Wickham, OFS

Councilors

Jim Andreano, OFS

Paul Beelitz, OFS

Susan Mary Leyden, OFS

Italia Testa, OFS

Spiritual Assistant

Br. Rod Pieretti, OFM Cap





**Peace and All Good,
Sisters and Brothers!**



SECULAR FRANCISCAN ORDER
St. Elizabeth of Hungary Region

**The Easter of St. Francis
REKINDLE THE FLAME**



**Let our Franciscan light
shine through...**

**Immaculate Heart of Mary Fraternity
in Hilton, NY invites you to visit.**

**In remembrance of the Easter of
St. Francis, we pray for all our OFS
& family members who have met
Sister Death.**

Email: Kathyschmidtofs@protonmail.com

*"Go into the world
and proclaim the
Good News!"*

**OHANA 'O KE
ĀNUENUE
HAWAII & GUAM
REGION**

**of The National Fraternity
of the Secular Franciscan Order**

*...This is the Easter of St. Francis
May our hearts beat with an ever-
rising passion for our Franciscan
charism. May we rekindle the flame
of commitment to our Rule, to deepen
our prayer life, to embrace the spirit
of fraternity among ourselves.*

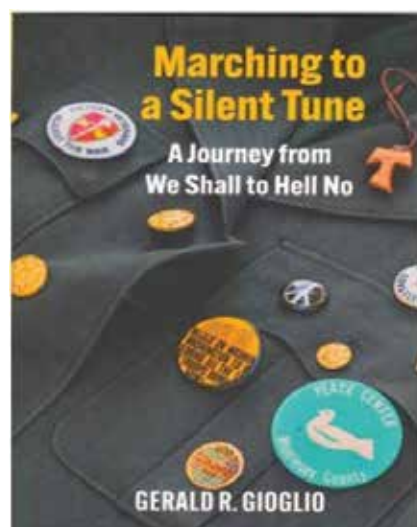
Kathleen Carsten

**"Rekindling the Flame:
21st Quinquennial Congress
Celebrating 105
Years of Franciscan Living!"**



MARCHING TO A SILENT TUNE

by Gerald R. Gioglio, OFS



awarded Runner up in the Memoir Category by the
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**Secular Franciscans
Of
Southern California
Welcome
our Sisters and Brothers to
Q 2026**



St Francis Region

StFrancisRegion.org

**BLESSED FRANZ JÄGERSTÄTTER
FRATERNITY
Flagstaff, Arizona**



As we gather for the 21st Quinquennial Congress,
Blessed Franz Jägerstätter Fraternity
of Flagstaff, Arizona,
joins in prayerful gratitude
for our shared vocation.

Our patron, Blessed Franz Jägerstätter OFS,
reminds us that the Gospel calls us to
courageous love rooted in Christ:

“Neither prison nor chains nor sentence of death
can rob a man of the faith and his free will”.

“Blessed Franz, pray for us.”

Serafic Grafics, ink.

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FRANCISCAN



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- and more, created with an understanding of Franciscan values and community life.

*Thank you to all who made
this Quinquennial such a
memorable, joyous, and
loving experience.
Pax et Bonum to all!*



Serafic Grafics, ink.
Sarah McTimmonds, OFS
smcflute@yahoo.com
619.212.1213

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Congratulations
on the

21st Quinquennial Congress

**“The Easter of St. Francis:
Rekindle the flame”**

From

Most Holy Name of Jesus
Secular Franciscan Fraternity
Little Falls, NJ

Instituted September 19, 1926
Celebrating 100 years of Fraternitas



Celebrating OFS-USA 2026 Quinquennial Congress



Troubadours of Peace Region
secularfranciscanspacificnorthwest.com

Bl. Solanus Casey Fraternity



"Blessed be God in all His designs."

St. Margaret of
Cortona Region

Frederick, MD

solanuscasey57135@gmail.com



Joe Wickham, OFS
16 Old Woodstock Trail
Oak Ridge, NJ 07438
(973) 219-2945
dwickhamsfo@gmail.com

Our Lady of the Angels Region - Minister



Sending our prayers
and best wishes,
St. Anthony of Padua
Fraternity
Boynton Beach, FL



Debbie Wickham, OFS
16 Old Woodstock Trail
Oak Ridge, NJ 07438
(973) 219-2945
dwickhamsfo@gmail.com

Most Holy Name Fraternity - Minister
Our Lady of the Angels Region - Treasurer

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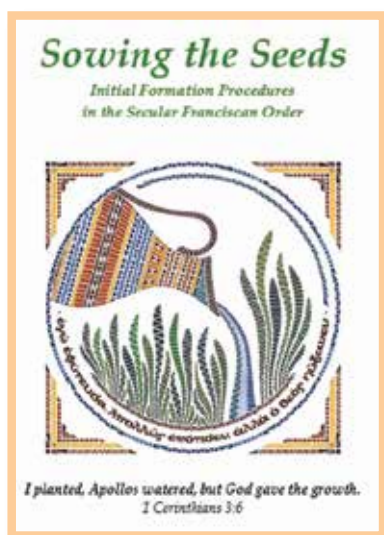
PEOPLE
OF HOPE
MUSEUM



Coming this Fall!

Sowing the Seeds

Initial Formation Procedures in the Secular Franciscan Order



Sowing the Seeds is a comprehensive procedures manual for local fraternity councils and formation teams. Based on the revised Pathway to Profession diagram, the manual includes sections on discernment, facilitating a formation session, and recordkeeping; the new Pathway Checklist (a comprehensive fillable form so critical steps are not missed); all materials for Orientation with dialogue guides and handouts; retreats prior to admission and profession, a reflection on profession and more.

Sowing the Seeds features over 30 new documents to download or reproduce including sample letters, guides for interviews, discernment for the council and the prospective member; handouts on documentation requirements, candidate responsibilities, and the role of a sponsor.

Available this Fall in the National Fraternity's Gospel To Life Bookstore.

Share your Q Photos with everyone !

One of the joys of the Q and the days that follow is looking back at photos filled with smiles and laughter, remembering your brothers and sisters, and reliving all the special moments.

Simply open your camera app, point it at the QR code, and follow the link to join the shared album and add your photos.



'Q' EVALUATION



We hope you will take a few minutes before you leave or shortly after you return home from the "Q" to give us feedback about your experience.

Scan the QR code below with your camera app to open the evaluation survey and begin.



DAILY SCHEDULE

Refer to General Information & Special Events pages 6-7 for more details

Wednesday July 29		
1:00 pm	4:00 pm	Registration
4:00 pm	6:00 pm	Opening Celebration of the Eucharist*
		Welcome by Minister, Jane DeRose Bamman, OFS
6:00 pm	7:00 pm	Dinner**
7:00 pm	7:15 pm	Break
7:15 pm	8:30 pm	Social/ Entertainment – Trivia Game
Thursday July 30		
7:30 am	8:00 am	Morning Prayer*
8:00 am	9:00 am	Breakfast**
9:00 am	9:15 am	Break
9:15 am	10:30 am	Keynote – Br. Bill Short, OFM
		<i>From Wounds to Glory: The Passing Over of St. Francis</i>
10:30 am	11:00 am	Break
11:00 am	Noon	Little Fraternities
Noon	1:00 pm	Lunch **
1:00 pm	1:30 pm	Break
1:30 pm	2:15 pm	Keynote – Q & A
2:15 pm	2:30 pm	Break
2:30 pm	4:00 pm	Bringing the Gospel to Life – Commission Chairs panel discussion
4:00 pm	4:30 pm	Break
4:30 pm	6:00 pm	Celebration of the Eucharist*
6:00 pm	7:00 pm	Dinner**
7:00 pm	7:15 pm	Break
7:15 pm	8:30 pm	Social/Entertainment – Franciscan Bingo
Friday July 30		
7:30 am	8:00 am	Morning Prayer*
8:00 am	9:00 am	Breakfast**
9:00 am	9:15 am	Break
9:15 am	10:30 am	Keynote – Darleen Pryds, PhD
		<i>The Spirituality of Presence: Lady Jacopa and the Franciscan Practice of Caregiving and Care-Receiving</i>
10:30 am	11:00 am	Break
11:00 am	Noon	Little Fraternities
Noon	1:00 pm	Lunch**
1:00 pm	1:30 pm	Break
1:30 pm	2:15 pm	Keynote – Q & A
2:15 pm	2:30 pm	Break
2:30 pm	4:00 pm	Service Project & Other Activities
4:00 pm	4:30 pm	Break
4:30 pm	6:00 pm	Celebration of the Eucharist*
6:00 pm	7:00 pm	Dinner**
7:00 pm	7:15 pm	Break
7:15 pm	8:30 pm	Holy Hour/Adoration/Benediction*

DAILY SCHEDULE

Refer to General Information & Special Events pages 6-7 for more details

Saturday August 1

7:30 am	8:00 am	Morning Prayer*
8:00 am	9:00 am	Breakfast**
9:00 am	9:15 am	Break
		Keynote – Fr. Wayne Hellmann, OFM Conv.
9:15 am	10:30 am	2026 Franciscan Year: Revisiting Pope Leo’s Prayer to St. Francis for Peace
10:30 am	11:00 am	Break
11:00 am	Noon	Little Fraternities
Noon	1:00 pm	Lunch**
1:00 pm	1:30 pm	Break
1:30 pm	2:15 pm	Keynote –Q & A
2:15 pm	2:30 pm	Raffle Drawing
2:30 pm	4:00 pm	Go Make a Difference! – CIOFS panel session
		• Minister General, Tibor Kauser, OFS • Vice-Minister General, Mary Stronach, OFS • General Spiritual Assistant, Fr. Stefan Acatrinei, OFM Conv. • Presidency Councilor, Ana Maria Raffo Laos, OFS
4:00 pm	4:30 pm	Break
4:30 pm	6:00 pm	Celebration of the Eucharist*
		Closing of the 21st Quinquennial Congress*
6:00 pm	7:00 pm	Dinner**
7:00 pm	7:15 pm	Break
7:15 pm	8:30 pm	Social/Entertainment – Franciscans Got Talent

Sunday August 2

Travel Day

May the angels protect us as we go!

St. Francis, Pray for us!

Please Note:

*** All Keynote presentations, Morning Prayer and Celebration of the Eucharist are in the Grand Ballroom**

**** All meals are served in the Paddock or Bluegrass Pavilions (please note: Bluegrass pavilion has easier accessibility)**

	Wednesday July 29	Thursday July 30	Friday July 31	Saturday August 1	Sunday Aug. 2
7:30 - 8:00 am	Travel	Morning Prayer	Morning Prayer	Morning Prayer	Travel Day
8:00 - 9:00 am		Breakfast	Breakfast	Breakfast	
9:00 - 9:15 am		Break	Break	Break	
9:15 - 10:30 am		Keynote Br. Bill Short, OFM	Keynote Darleen Pryds, PhD	Keynote Fr. Wayne Hellmann, OFM Conv	
10:30 - 11:00 am		Break	Break	Break	
11:00 am - Noon	Registration	Little Fraternities	Little Fraternities	Little Fraternities	
Noon - 1:00 pm		Lunch	Lunch	Lunch	
1:00 – 1:30 pm		Break	Break	Break	
1:30 - 2:15 pm		Keynote Q&A	Keynote Q&A	Keynote Q&A	
2:15 – 2:30 pm		Break	Break	Raffle Drawing	
2:30 – 4:00 pm	Opening Celebration of the Eucharist Welcome-Minister, Jane DeRose-Bamman, OFS	Bringing the Gospel to Life	Service Project and Other Activities	Go make a difference!	
4:00 – 4:30 pm		Break	Break	Break	
4:30 - 6:00 pm		Celebration of the Eucharist	Celebration of the Eucharist	Celebration of the Eucharist Congress Closing	
6:00 - 7:00 pm	Dinner	Dinner	Dinner	Dinner	
7:00 - 7:15 pm	Break	Break	Break	Break	
7:15 - 8:30 pm	Social/Entertainment Trivia Game	Social/Entertainment Franciscan Bingo	Holy Hour/ Adoration/Benediction	Social/Entertainment Franciscans Got Talent	